

LIGHTER MENU

AVAILABILITY
 MONDAY TO FRIDAY: 12.00 - 2.30
 SATURDAY: 12.00 - 6.00

WHOLEMEAL BAP OR TOASTED CIABATTA

(SERVED WITH SALAD AND COLESLAW) (AVAILABLE 12-6)

Mature cheddar and pickle	£6.50
Honey glazed ham with English mustard	£7.00
Free range chicken, bacon and mayo	£7.00
Kiln roast salmon, lemon mayo and rocket	£8.00
Cromer crab & mayonnaise	£8.00
Beef tomato, mozzarella and fresh basil	£7.50

SIDES

Hand Cut Chips or Fries	£3.50	Garlic ciabatta loaf	£4.00
Cheesy Chips	£4.50	Homemade Coleslaw	£3.00
Beer Battered Onion Rings	£3.50	Mixed Salad or Mixed	£3.50
Artisan Bread & Olives	£4.00	Vegetables	
		Sweet potato fries	£5.00

WRAPS *(Served with salad & coleslaw OR French fries)* ALL £9.00

Breaded fish fingers, tartare sauce & baby gem
 Crispy chilli beef, sweet chilli and Asian salad
 Chicken & chorizo with sweet chilli mayonnaise
 Crispy falafel, roasted vegetables and hummus

LIGHT LUNCHES

ALL £10.00

Bacon, mushroom & Norfolk cheddar omelette with baby leaf salad
 Classic Caesar salad with cajun chicken
 6oz chimichurri flat iron steak with fries, rocket and parmesan salad
 Ploughmans lunch - carved Swannington ham, Norfolk mature cheddar, pickles & warm bread
 Tomato, basil & baby mozzarella salad with pesto dressing
 4oz Swannington beef burger topped with Swiss cheese, hand cut chips and coleslaw
 Smoked salmon plate - cold smoked salmon & warm kiln roast salmon with lemon crème fraiche, capers, cornichons & red onion
 BBQ pulled pork ciabatta with sour cream & chillies, spiced fries & jalapeno coleslaw
 Steak sandwich with hand cut chips & coleslaw
 Panko coated chicken burger with sweet chilli mayonnaise, coleslaw & French fries
 Carved Swannington ham, free range hens eggs & hand cut chips (+ £2.00)
 Cromer crab burger with crispy squid rings, brioche bun, French fries & tartare sauce (+£3.00)

PLEASE ASK FOR DETAILS
 OF OUR SUNDAY ROAST

PLEASE ASK FOR OUR
 CHILDRENS MENU



Colchester Inns

The Rising Sun

The Rising Sun, Wroxham Road,
 Coltishall, Norwich NR12 7EA
 Tel: 01603 737440
 manager@risingsuncoltishall.co.uk
 www.risingsuncoltishall.co.uk

Recruiting Sergeant

Recruiting Sergeant, Norwich Road,
 Horstead NR12 7EE
 Tel: 01603 737077
 admin@recruitingsergeant.co.uk
 www.recruitingsergeant.co.uk

The Black Boys

The Black Boys Hotel & Restaurant,
 Aylsham, Norfolk. NR11 6EH
 Tel: 01263 732122
 admin@blackboyshotel.co.uk
 www.blackboyshotel.co.uk

The Bucks Arms

The Buckinghamshire Arms, Blickling,
 Aylsham, NR11 6NF
 Tel: 01263 732133
 contact@bucksarms.co.uk
 www.bucksarms.co.uk

The Ship Inn

The Ship Inn, The Street, South Walsham,
 Norwich NR13 6DQ
 Tel: 01603 270049
 manager@shipsouthwalsham.co.uk
 www.shipsouthwalsham.co.uk